

# SEEDLING MODERN HIGH NURSERY SCHOOL

Dear Parents,

'When the going gets tough, the tough get going.' Good teachers don't teach pupils, but provide the conditions in which the students can learn. It is our request that children be motivated to do Creative learning and Creative play. General awareness about things around us, at home, will add to their personality. Spend some quality time with your child, this will strengthen the bonding. This also helps the child to acquire good manners, confidence and discipline.

The children can be taught to be responsible and disciplined by doing simple tasks at home. As parents are the first and the most important teacher for a child, we can encourage our child to participate in many educational activities at home and promote his/her quest to learn.

You are requested to make use of action words in your speech, like walking, sleeping, sitting, playing, dancing, eating, drinking, etc. Let your child also use these words in his/her speech. (eg. I am drinking, I am playing, etc.)



- Always start your day with prayer.
- Meditate and do simple yoga exercises.
- Drink warm water with lime.
- The following activities will help children to develop various aspects.
  - Printing, Colouring, Scribbling, Paper tearing help both in the motor development and aesthetic development.
  - Sorting of grains & stringing of beads help in the development of the hand eye co-ordination.
  - Playing with plasticine, clay, hammer set etc. develops fine and gross motor skills.

- Identify and draw the missing parts. e.g. Draw one eye or one ear and let the child find what is wrong and help to draw the missing parts to complete the face.
- Find the odd one out
- Find the similar things.
- Observe and find the difference between two pictures.
- Free conversations, sharing and narration of the stories etc. develops social behaviour and helps in the release of pent up emotions. Talk to your child about-
  - Using the three Golden Words - Thank you, Sorry and Please regularly.
  - Respecting and helping the elders at home.
  - Looking after grandparents, parents, younger brothers and sisters.
  - Encourage your child to learn his/her name, father's name, mother's name, class teacher's name, school's name in a sentence form.
  - To avoid mobile games and T.V. encourage children to play board games and solve puzzles.
- Help your child to make one useful object using waste material at home.
- Make your child plant seeds in small pots or ice-cream cups and observe how it grows, ask your child to water it daily.

*The Seedling family prays for your safety and good health.*

