



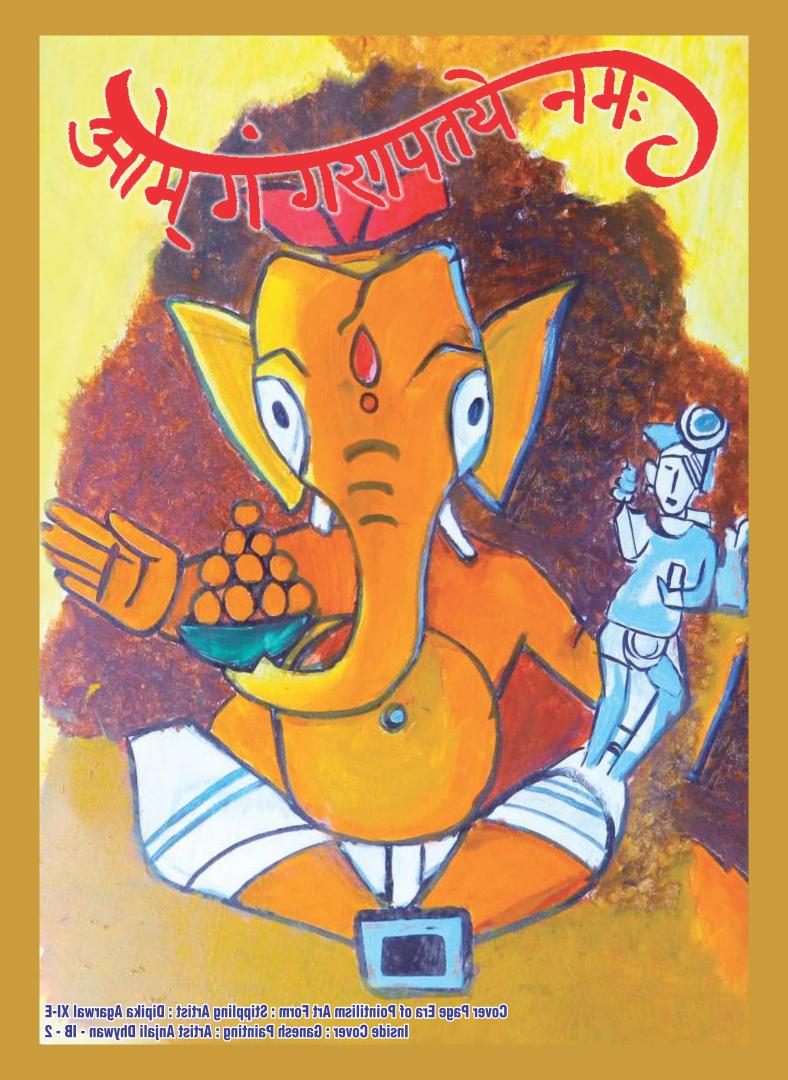
SEEDLING PUBLIC SCHOOL Affiliated to C.B.S.E., New Delhi

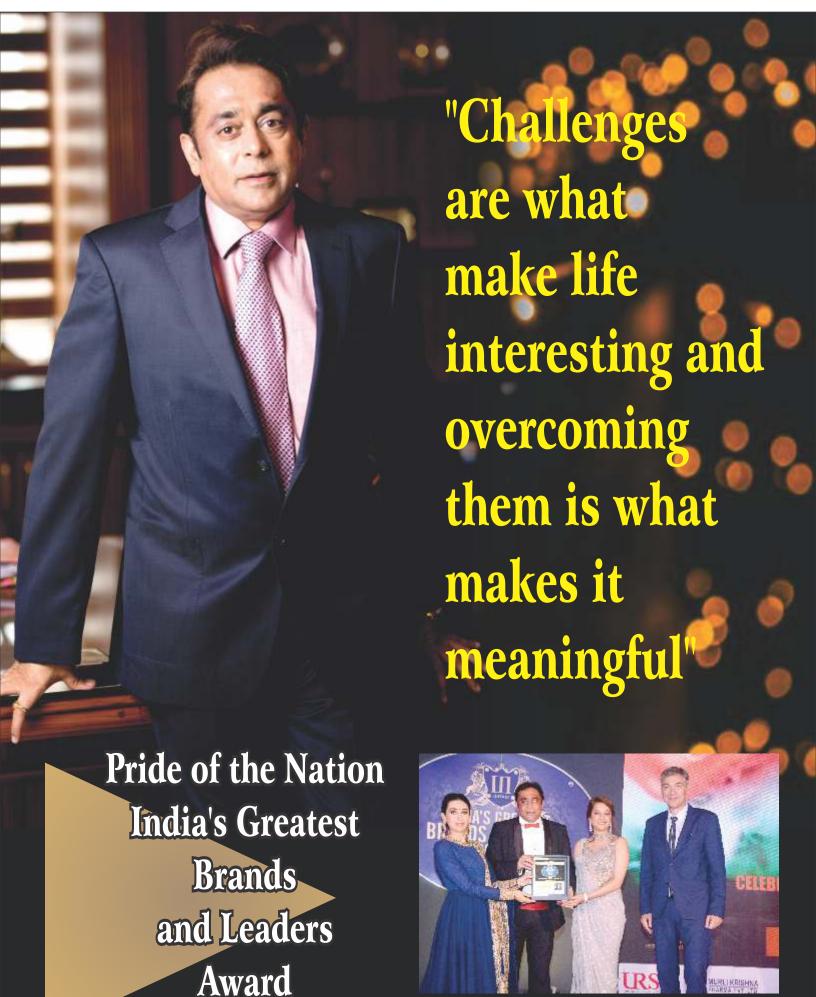


SEEDLING INTERNATIONAL ACADEMY









From left : Actress Karishma Kapoor, Dr. Sandeep Bakshi, Ms. Akanksha Bakshi, Bulgaria Ambassador His Excellency Mr. Petko Dokov.





# Beacon Leights



MS- Mohini Bakshi
Principal Director



**Dr. Sandeep Bakshi**C.E.O. and Director



MS. Jyou Mehiotia Principal



Ms. Akansha Bakshi Joint Director



Vice Principal

Good leaders organize and align people around what the team needs to do.

Great leaders motivate and inspire people with why they're doing it.

That's purpose and that's the key to achieving something truly transformational.

**Editorial Team** 

English Ms. Minnu Puri Ms. Shruti Kukar Hindi Ms. Sunita Beotra Mr. Deepak Sharma



"Your beliefs become your thoughts. Your thoughts become your words. Your words become your actions.

Your actions become your habits. Your habits become your values. Your values become your destiny."

M.K.Gandhi

Hello Dear Readers,

Recently, I happened to come across this quote that, somehow, stopped me short, and made me ponder at its profundity.

Educationists the world over often talk about the importance of Values----the basic norms and civility that must form the root of our character. The unwritten moral edictsthat helps us in being human, guiding our interaction with others. However, the raw fact is that there is no higher authority to extend a reprimand if these moral rules are broken.

How truly amazing is the fact that as you grow, your interaction with others become memories and these memories take on the form of beliefs. And soon these beliefs become your thoughts. You maneuver your life according to what you think and lo and behold! It dictates what you say and what you do. Soon, you begin swearing by them as you assume, mistakenly, that they were your thoughts to begin with! Eventually your actions are dictated by illogical beliefs and unsubstantiated facts, and you blindly let them guide you like a puppet on a string.

So here's your chance to wake up and forge your own destiny. A destiny that is based on values you create from your own understanding. Unclutter your life that is mundane and ordinary and fill it with grace, dignity and honour. These words may sound too uppity now, but if you really delve in deep, you'll actually find them to be synonyms of "being cool!"

You my dear children are the torchbearers of this universe. And it is from you that the queue of civility begins. The word Values may be different for different people, but in the end its what you leave behind, that really counts.

Generate good will wherever you go with your deeds and actions, and watch it accrue massive dividends as you mature into a fine human being. Show respect, practice humility and be benevolent with your kindness. Let your friends and acquaintances remember you with joy and respect.

Here's a small quote by a student just like you:

"I don't want to be remembered as the girl who was shot. I want to be remembered as the girl who stood up." - Malala Yousafzai

It's been a delightful experience putting this Double Annual issue together. For this opportunity I would like to thank Dr.Sandeep Bakshi, for letting me do something that I simply loved! I couldn't have asked for a better reward! Till next year ..... Adios

Ms. Minnu Puri - Editor





# Message

I am glad to know that Seedling Public School, Jaipur is bringing out its annual magazine 'PRERNA'.

As the name suggests itself, the magazine 'Prerna' will encourage bringing out inherent talent of the young budding minds. I hope that this publication will be a ready reckoner of information and shall reflect upon the academic and cultural achievements of the institution.

I wish the publication a big success.

(A shok G ehlot)

Chief Minister Rajasthan

# From The Principal Director's Desk....

#### **Lessons of Life**

Dear Children,

Life, that exists around you is nothing short of a daily miracle. Every moment there are a million miracles happening around you: a flower blossoming, a bird tweeting, a bee humming, a raindrop falling, a snowflake wafting along the dear evening air. There's magic everywhere. A ppreciating the world around you is the first step towards a wholesome YOU.

It is natural to be impatient at your age. You are young and full of energy, speeding along on the long and winding road called life that will throw a variety of challenges in your path. Trust yourself, trust in your gut instinct for it is yours and will never fail you. And as you go about your life, the hustle and bustle of your daily routine, never ever forget that you are born just once and that you owe it to yourself to treasure it every minute of every day.

V alue your roots and your upbringing for who can be a better mentor than your parents and your teachers A nd above all, be benevolent ....with your words, your kindness, your deeds and wealth. F or the more you give, the more you will get.

Generosity is an activity that loosens us up. By offering whatever we can 'a rupee, a flower, a word of encouragement' we are training in letting go.

B e gracious S how that you care at every opportunity you get. G ratitude is one of the most powerful human emotions. O nce expressed, it changes attitude, brightens outlook, and broadens our perspective.

Cherish these little nuggets of advice as you grow, evolve and establish your place in this universe. A lways remember, you have been raised and nurtured by people who love you unconditionally.

S tay B lessed

Mrs MohiniB akshi Principal Director





## From The

# CEO& Director's Desk....

#### **GROWTH MIND SET**

What do you do if you've got everything? There's only one thing you can do. MORE!!!

Out of boundless love and desire to protect our children from harm or hurt, we have bulldozed every uncomfortable bump and stumbling block out of the way, creating an impeccable, manicured path we hoped would lead to infinite success and joy. Unfortunately, in doing so we have deprived our children of the most important lessons of childhood. The setbacks, mistakes, miscalculations, fears and failures that we have shoved out of our children's way are the very experiences needed to teach them lessons in resourcefulness, persistence, innovation, resistance and courage.

Those with a fixed mindset believe that qualities such as intelligence, talent and other skills are predetermined and they ignore the potential that exists for personal development. However, those with a growth mindset represent a belief that varied qualities can be cultivated through applied effort, if there is a passion for learning, a willingness to stretch frontiers and a desire for transformation. We need to teach our children that the human brain is like a muscle that can be trained through repetition and practice. When we over react to mistakes, we undermine the message that learning is a process and failure is a natural part of the process I t's important to respond to children's mistakes with patience and nonchalance. Integrate growth mindset vocabulary into your daily routines -'perseverance', 'resistance', 'fortitude', etc. A s parents and educators, we need to demonstrate that we are willing to learn and try new things, even when they are tough. Our children need to see that learning new things, taking on challenges, and rebounding after making mistakes are all a natural part of life. Celebrate and encourage their efforts daily and children will feel validated in their risk taking.

Children's belief systems fuel their performance and success both within and outside the classrooms A growth mindset is very closely related to a sense of self worth and self-esteem. When children believe they can get smarter, they understand that efforts make them stronger. To put it in the words of R alph W aldo E merson "D on't be too squeamish and timid about your actions A II life is an experiment". The best gift to give our children is to teach them to love challenges, be intrigued by mistakes, enjoy unrelenting effort and strive to conquer the unconquerable.

"CHALLENGES ARE WHAT MAKE LIFE INTERESTING.

OVERCOMING THEM IS WHAT MAKES LIFE MEANINGFUL".

With Infinite Blessings and wishes for incessant growth.

D r. S andeep B akshi C.E.O. & Director

## **CHILDREN**

# You Can Be A Leader Too

Life is about discovering who we are; leading is about striving to become better than we are, and helping everything and everyone around us to become better too.

A true leader has the confidence to stand alone, the courage to make tough decisions, and the compassion to listen to the needs of others. He does not set out to be a leader, but becomes one by the equality of his actions and the integrity of his intent.

Leadership is lifting a person's vision to high sights, the raising of a person's performance to a higher standard, the building of a personality beyond its normal limitations. There are two ways of spreading light: to be the candle or the mirror that reflects it.

Let these words inspire you, motivate you, encourage you and empower you to be the best you can be.

Blessings to all



# LET'S UNPLUG.... TIME FOR A DIGITAL DETOX...

Our students' live a life of hyper-connectivity .Let us admit that most of their tech devices are at arm's length. Chances are your SMART phone is also within arm's reach right now and you will check it a couple of times while reading this piece. We're spending more time than ever on our digital devices—anywhere from three to four hours daily—and with the flood of incoming texts, emails, calls, and push notifications, it's rare if our screens stay dark for more than a moment.

While there's no doubt technology has made our lives easier in many ways (remember road maps, recipes, remedies?), research suggests that our kid's addiction to it is real and scary. Every new notification or text triggers the release of dopamine, a neurotransmitter that drives us to seek rewards, so you keep coming back for more.

The dependence has changed many metaphors for our kids and introduced many terms as well. For example, the idea of relaxing at home became 'binging on Netflix', our social interaction is just a ping on our smart phones or a whatsapp message or posting on somebody's Facebook time line With each passing day, youngsters are getting more and more used to satiating their appetites with media diets, which include crib-worthy stalking of people in general and celebrities in particular on social media.

Most of us know it and admit to being addicted to social media, and you should know it too if you have been just grumbling about the privacy concerns in this digitally dominated era and next moment scrolling what is fed to you on the social media.

The gluttonous digital life is taking its toll on our students and their studies and social interactions and sometimes a quick remedy starts with acceptance of this fact. A simple desire to change so that we are able to find a sustainable and balanced way to manage our tech usage just like we try it with other things in life, for example, the carb cleanses, body and mind detoxes.

Just like we monitor our dietary calories, there is an immense need of keeping a check on digital calories as well. So, here is an addition to the cleansing rituals - The Technology Cleanse. Time for a Digital Detox, dear kids.

The tech-cleanse also preferred to be termed as digital detox is a process wherein you train your mind to function without over dependence on the ever-growing new technology while making sure that you enjoy a perfect holiday or just a day off. Even if you don't get twitchy when your gadgets start running out of juice, and aren't troubled by eyestrain, headaches or neck problems, it still might be time to take a break

By periodically unplugging, kids can start reclaiming the real life experiences that all those gadgets steal from us daily (albeit with our full permission). Sure, cutting digital consumption may cause discomfort a bit at first, but reconnecting with the people and things in life that really matter will allow your body, soul and mind to blossom. Sounds interesting? Willing to give it a try?

To get into an unplugged groove, start by taking baby steps and keep challenging yourself to cut the cord a bit further every day without, of course, endangering your livelihood or life. Many studies back the fact that most people addicted to social media or spend more time than what is necessary on social media are at a greater risk of sleep disorders, depression, and stress.

Our sleep should be independent of our Instagram scroll rampage that we undertake every night while obsessing over posts of people we do not even know and there is a good chance that we will never know.

The obvious advantages of such a cleanse are many-

- You truly enjoy quality time with loved ones. When you don't have Internet and phone access you
  have the ability to be with those you love, and really appreciate their presence. You pay more
  attention to what other people are saying and you give more meaning to the time spent with those
  you care about, specially your parents and siblings.
- You become more present and mindful. When you don't have a phone or computer to constantly check in on you are able to be more in the moment and purposeful with your actions.
- You take in more of your surroundings. No matter where you are, there is always something beautiful
  about the world we live in. Being more present allows you to really be aware of the little miracles that
  this life has to offer, be it the first rays of the sun, the twittering of birds, the roar of the waves or the
  blossoming of a bud.
- You get more time to get in alignment with yourself. When you aren't always focusing on the
  outward life, you create more time to focus inward. What makes you happy? What brings you
  peace? You can find the answers to these questions when you begin to detach from the digital life.
  What do you wish to accomplish in life?

I believe we owe it to ourselves. What do you think you could do this week to detach, even just a little, from technology? How would it make you feel? I would love to know.

Wishing you real moments of joy.

With love

Ms. Jyoti Mehrotra Principal

# DREAM IS THE ROAD TO REALITY, COME DREAM WITH ME

A dream is, not when you sleep A dream is, that keeps you awake Combustible propellant A dream is but a nagging fantasy, wakeful verity.

All dreams are achievable Every fantasy can become a fact Concrete, coalition acts, combination of compounds: Patience, perseverance and perspiration

Look deep into nature Adopt the pace of nature Her sublime secret of patience Buoyant support to unrelenting endeavour

The will to endure and persevere Bridges the gap between success and failure Be it cage or prison, sun or sand, still or storm, surf or turf high or low Practice and plod, tramp or trudge but follow your dream

With hard work keep your dreams alive Challenges, obstacles and opportunity in disguise Play hard, grind hard, spin your dreams, become a doer Dream , Dream.. go on building bridges between hope and reality Dream is the precursor, progenitor of actuality

Come dream with Me

Come Dream with Me.

Learn to dream through reading

Create dream through writing

Dream not at night in the dark crevices of your mind

Dream during the day, act on your dreams with open eyes

For the world needs dreamers, the doers

To make our world a better place

All men of action, all great people were dreamers.

Come let us weave dreams, dreamers of dreams

With all my love and best wishes

Ms. Vinita Vohra (Vice Principal)





-Malala Yousafzai

"One child, one teacher, one book, one pen can change the world.



# Our Stalwarts

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#### Ms. Anita Satija (Coordinator)

#### Ms. Shruti Kukar (Coordinator)

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THE SCHOOL APPOINTEES FOR 2018 - 2019

Prateek Bachwani (XII-B) (HEAD BOY) Saloni Sharma (XII-D)

(HEAD GIRL)

Kanishk Srivastava (XII-B) (DEPUTY HEAD BOY)

(DEPUTY VICE HEAD BOY) Pulkit Garg (XI-D)

Vidhushi Chaturvedi- (XI-E) (VICE HEAD GIRL

HEAD EXNORA CULTURAL

Gaurav Sharma (XII-A) overall discipline incharge

Prachi Belani (XII-B)

(DEPUTY HEAD GIRL)

Eva Gupta - XI-C

SPORTS CAPTAINS

Prachi Soni XIIA VICECAPTAINS XIIB Kritik Jain

Mannat Joshi XI-A Parag Gurbani XI-B Yash Gupta XI-E

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Prabhav Benara X-A

Divyansh Sharma X-C

CULTURAL

HEADS

INDRA

VARUN

Ananya Saxena

XIE

Tanishka Acharya XII C

**VARUN HOUSE** 

XIB

Tanishka Jain

INDRA HOUSE

Sakshi Bumb XII D

SOMA

Arjav Jain XID

XIIB XIB

Arshita Kriplani Rishika Gupta

INDRA XIIA

Poorvika Agarwal

SOMA

VARUN

EXNORA HEADS SURYA HOUSE

H.M. - MS. KUMUD JAIN

SPORTS LEADERS

SOMA HOUSE

H.M. - MS. ASHU BHATIA VICE CAPTAIN: RITIKA GARG CAPTAIN:

GORANG KARWAYUN DHRUV GOYAL

X-E X-E

RACHITA BHATIA

X-D X-D VI-C VI-B

VICE CAPTAIN:

ISHITA MEHTA LARA SETH SAUMYALONGWANI JATIN KHANDELWAL RIDHIMA KHATRI HARDIK GUPTA

SHREYARATH

VIII-D VII-D VIII-B IX-E IX-D

YUVAKSHI KAPOOR

VIII-B

VIII-C IX-A IX-A X-A XI-A

VII-E VII-A

> ANCHAL KHANDELWAL ANANYA KHANDELWAL

SUNAY KUNDALWAL RONAK MALHOTRA

**NIPUN AGARWAL** 

SAGAR SETH SRIJITA MISHRA

SHIVIAGARWAL

Jarsua.
Jarsua.
Gautam Gambhir
AKSHAY SONI
ISCIPLINE INCHARGE:

VI-D

ANUSHKACHATURVEDI

NANDINI SINGH

12. VANSHIKA DATWANI 11. ARSHIYAAGARWAL 10. AVI SONI

YOGESHWAR GUPTA

12. PRIYA SHARMA

NIKITA GOSWAMI 10. RAGHAV RAMANI

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Chandrika Sharma Priyanshi Gupta

V.CAPTAIN:

PREFECT:

SANSKRITI

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14. VIDHI KRIPLANI

Janvi Verma
Priyal Khandelwal
Vithal Sharma
Sanjana Morwani

nraan Kumar

15. MAHIKA JAIN

IX-A XI-B X-D

X-C

13. DRISHTHI BHATIA 14.RIYANSHAARORA 15. TUSHAR NAGPAL

XI-A

X-D

IX-E

DISCIPLINE INCHARGE

SARVESH PAREEK

KANAV KUKAR

HITEN GODHWANI

4. VARTIKA SHARMA

Prantoc.

1. Priyansha Agarwal

2. Jasmeet Shigh NCHARGE:

DISCPLINE INCHARGE:

X-E

X-E

X-C

X-B

Jyoti Gupta
 Rishita Purohit
 Dhruvika Sanadhya

DISCIPLINE INCHARGE: RAUNAK LOHIYA YAYATI SHARMA MITALI GUPTA HARSHITA KALA

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ANANYA SHARMA

ABHAY SONI

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Mrs. Mohini Bakshi (Principal Director)

Dr. Sandeep Bakshi (C.E.O. & Director)

Mrs. Jyoti Mehrotra (Principal)

Mrs. Vinita Vohra (Vice Principal)





lshita Mehta X-B (97%)



Vishal Harkawat XII-D (Commerce) 94.80%



Sakshi Khandelwal XII-A (Science) 95.80%



Prashant Goyal
Certificate of Merit CBSE 2017-18
Economics



Vandana Methwani Certificate of Merit CBSE 2017-18 Entreprenuership

# Trailblazers of Seedling



Mahi Boolchandani (97.41%)



ArshveerBishn 1-F (100%)



**Annika Jolly** II-B (10%)



Gurmer Singh Sodhi III-D (100%)



**Manas Narang** IV-D (100%)



Ananya Shukla V-A (100%)



Disha Belani VI-E (97.80%)



Pihu Toshniwal VII-E (97.80%)



Nandini Gupta VIII-D (96.67%)



Priyanshi Sharma IX-A (96.40%)



Namita Maheshwari XI-C (Commerce) (90.90%)



Chahat Susawat Suhani Gupta XI-E (Humanities) 85.80% XI-A (Science) 90.10%





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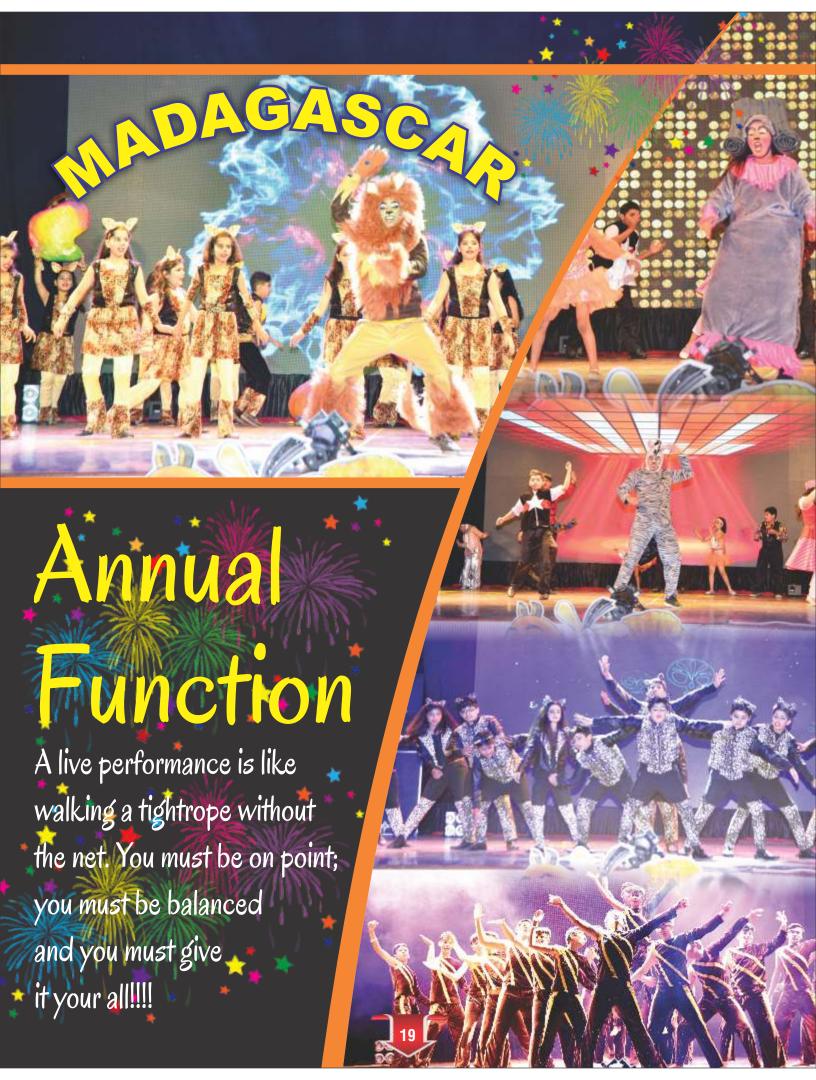








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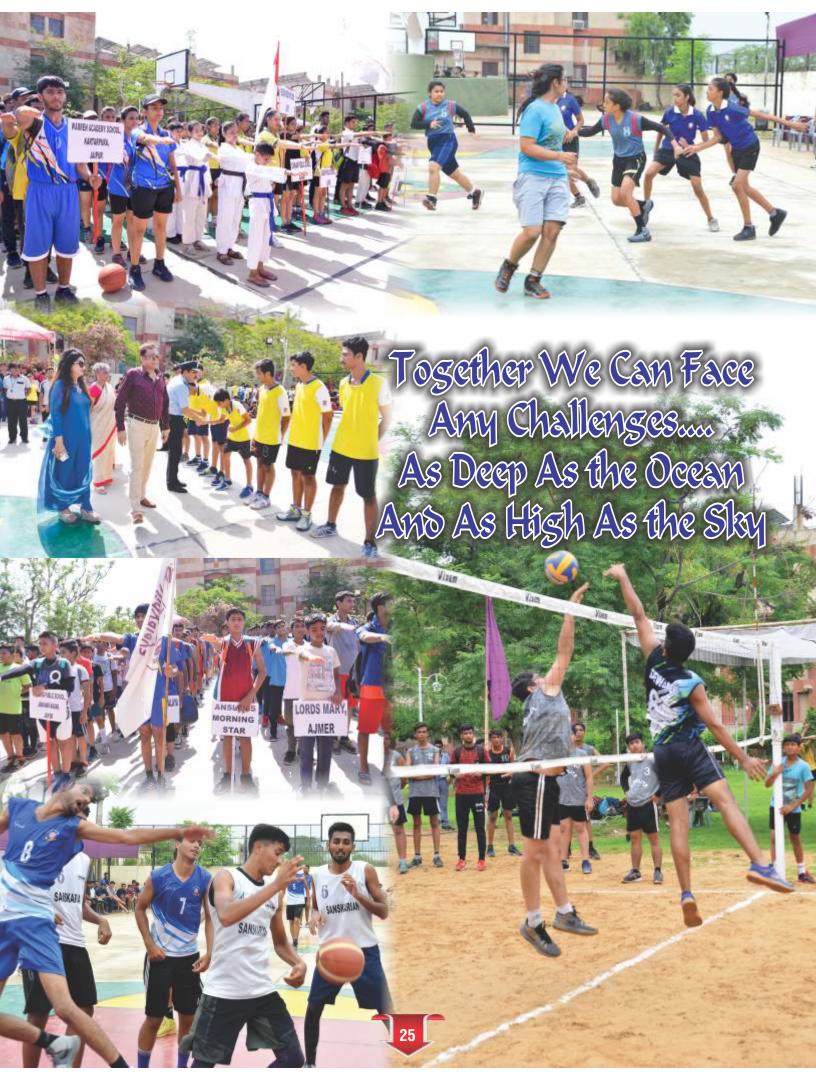












# **Investiture Ceremony**



"To be a great leader, there is no such thing as a challenge too big to handle."









Innovation Distinguishes
Between A Leader And A Follower.

# Farewell

There are no goodbyes for us Wherever you are, you will always be in our heart.













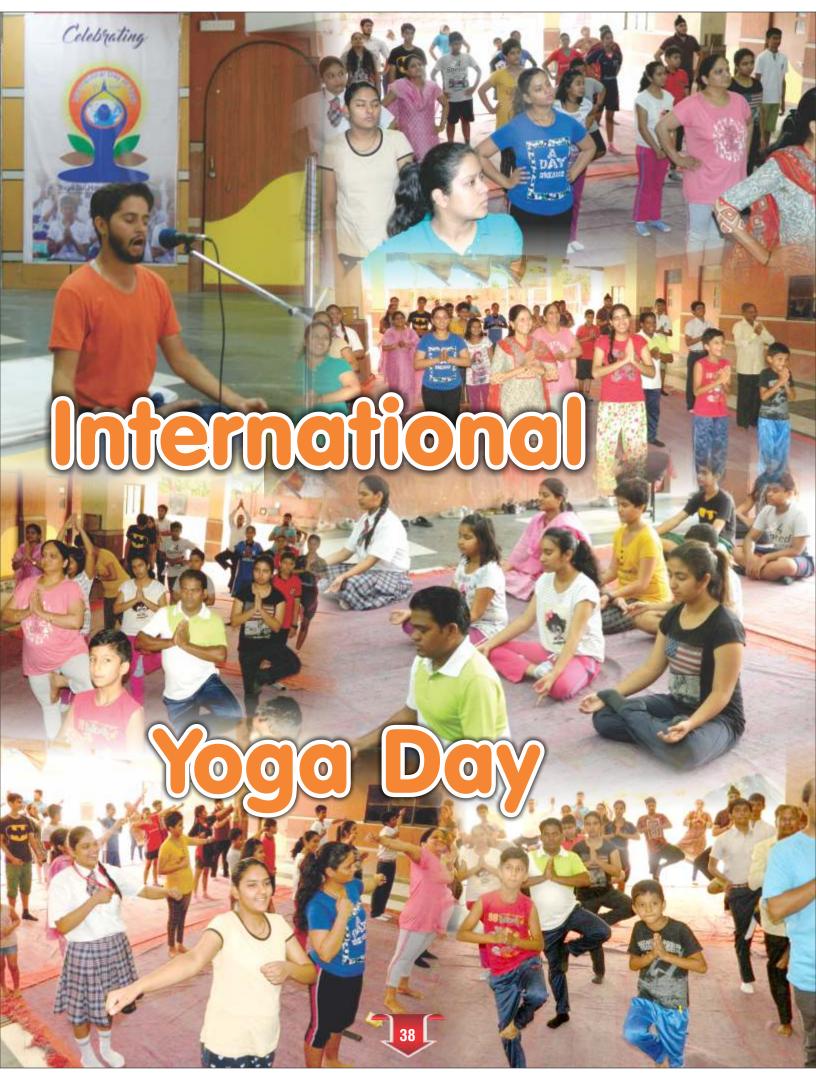






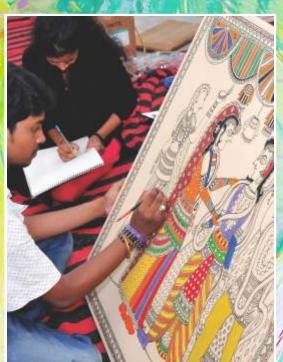
























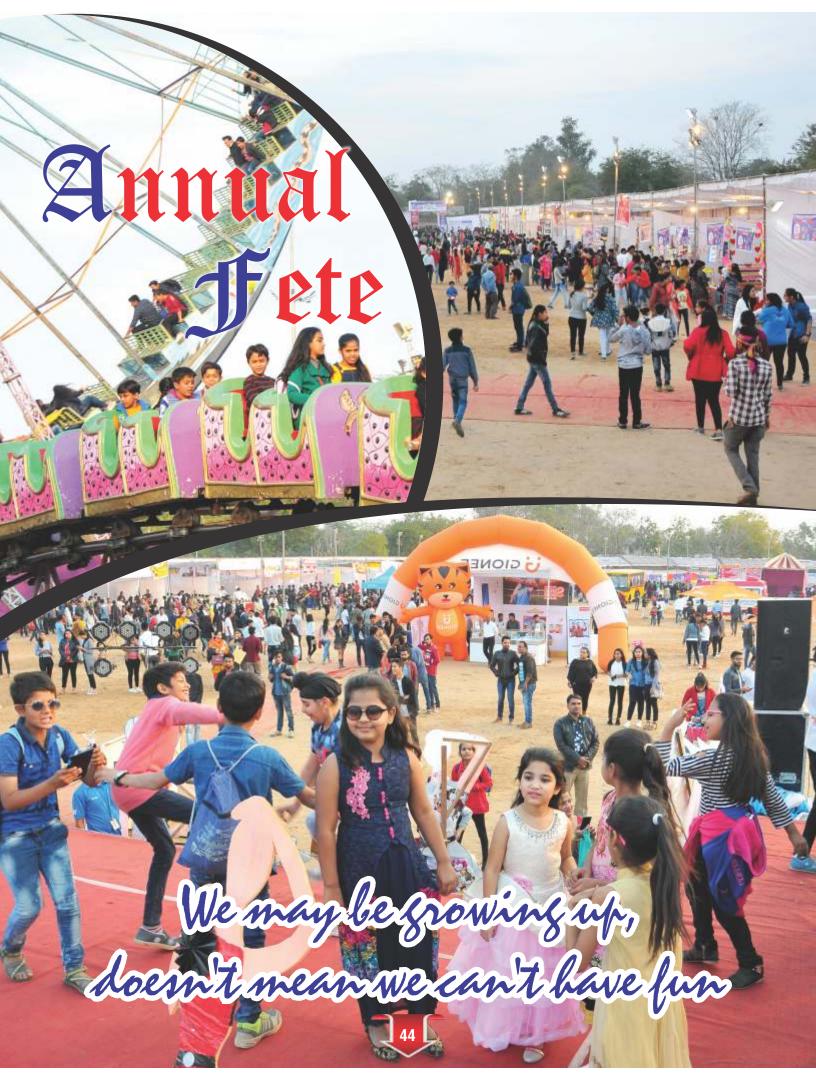




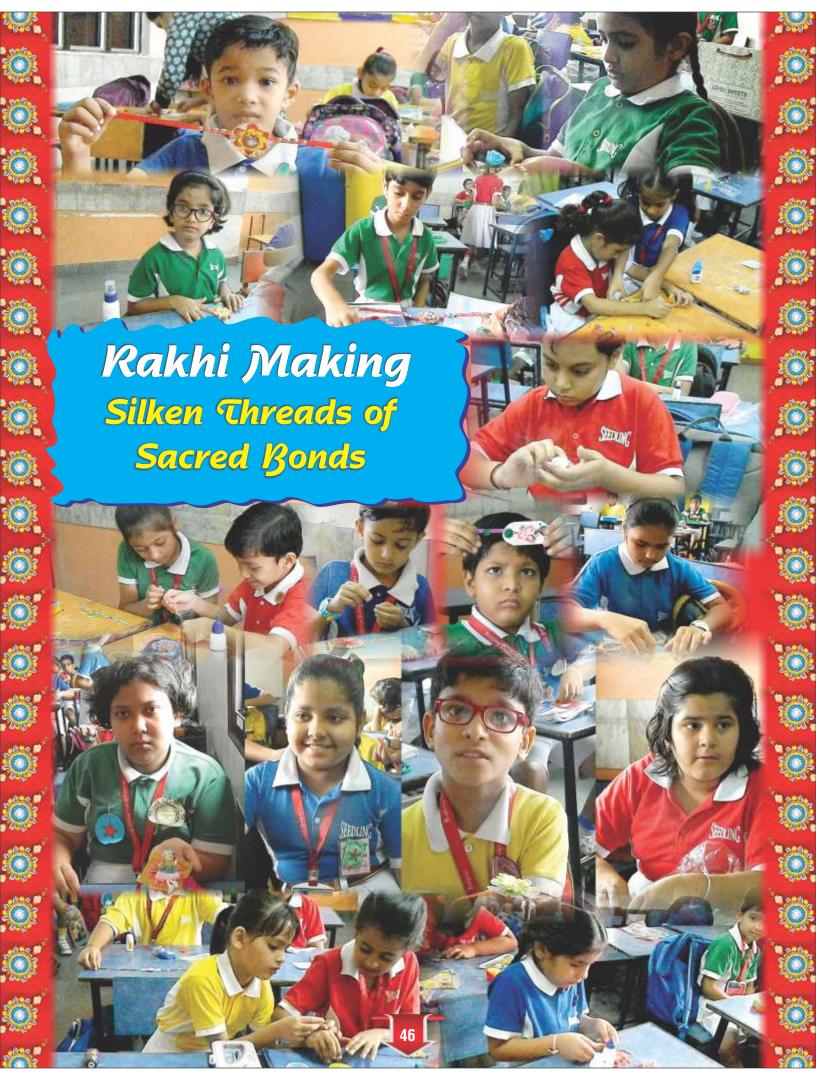
















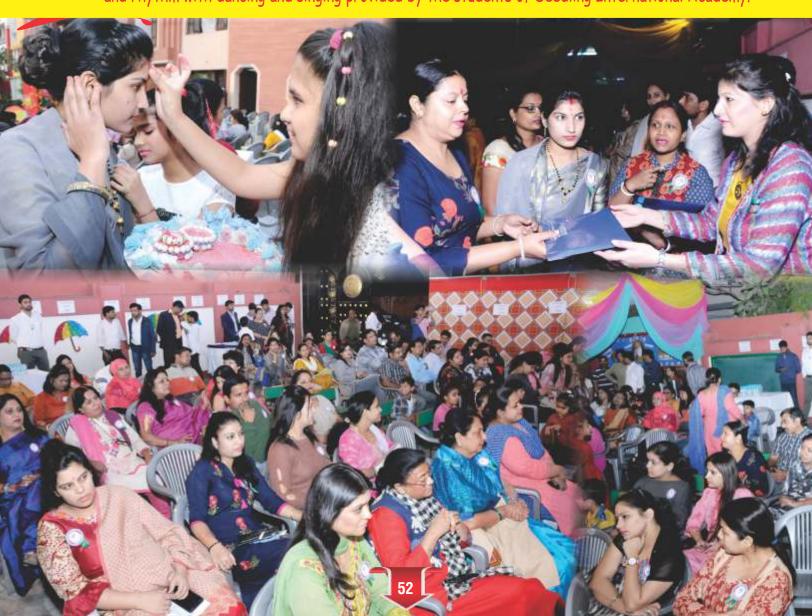






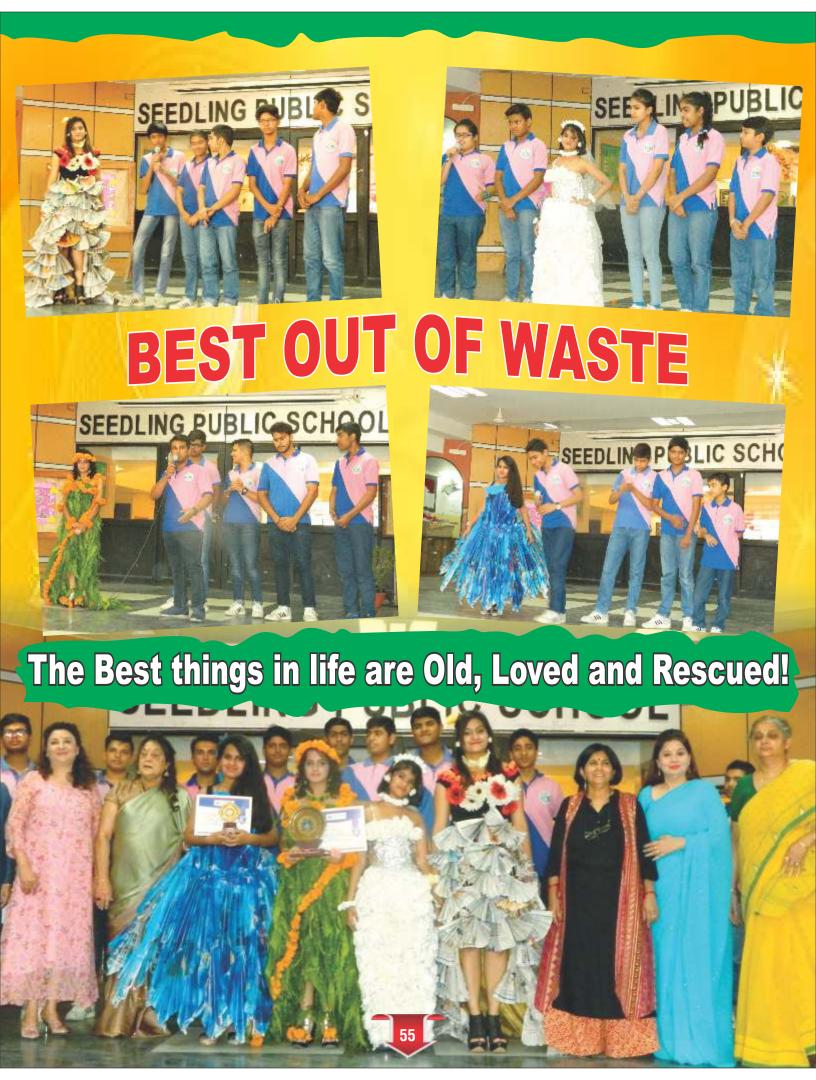


wishers alike. With a perfect blend of meaningful interaction and entertainment, the event exuded glamour and rhythm with dancing and singing provided by the students of Seedling International Academy.















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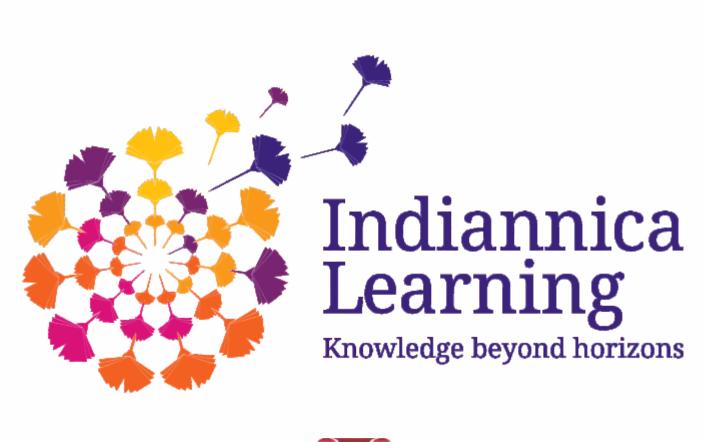
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from the start.

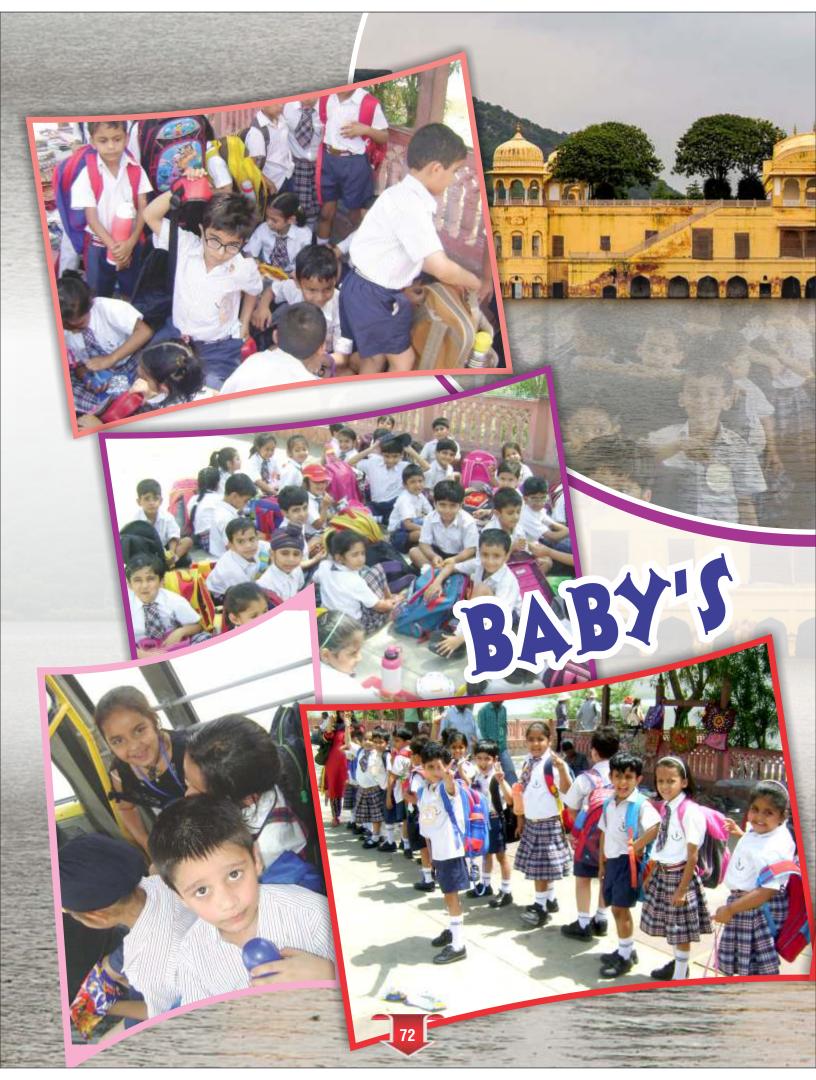
And never give less
than all your heart.

A caring heart,
a listening ear,
A thoughtful word,
a gentle tear
Will help to lift
the heavy load,
Of weary souls
along life's road.

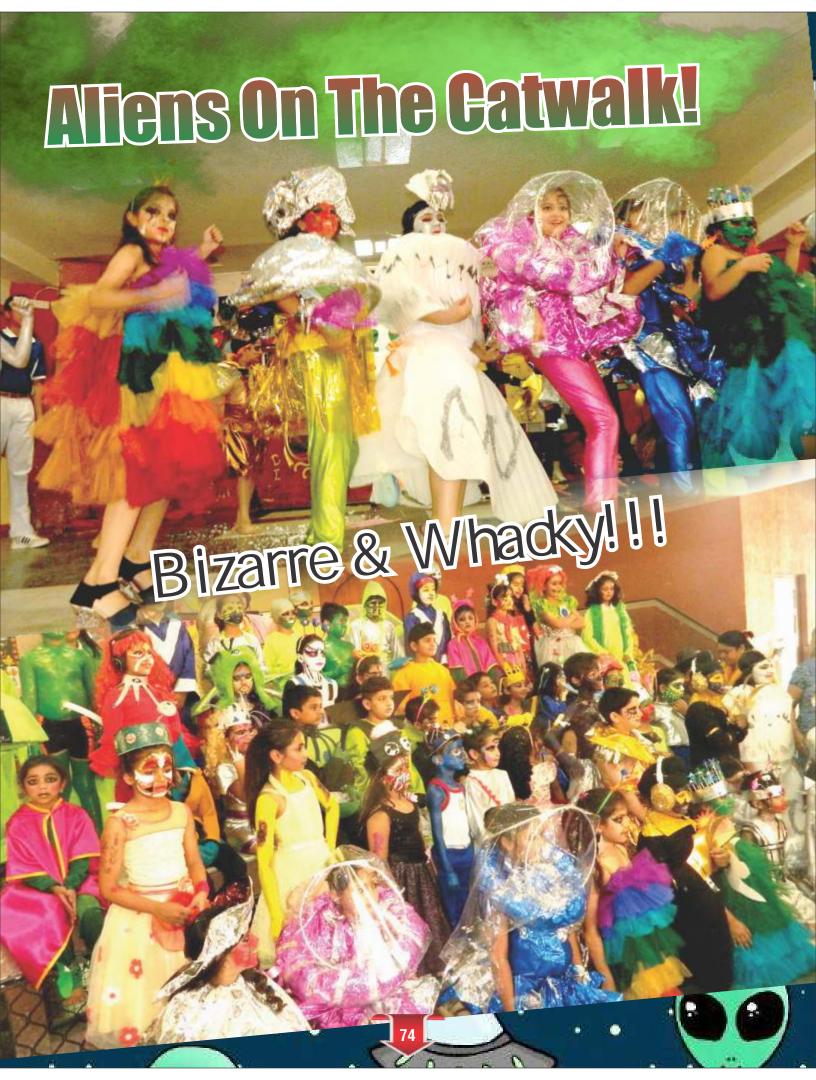












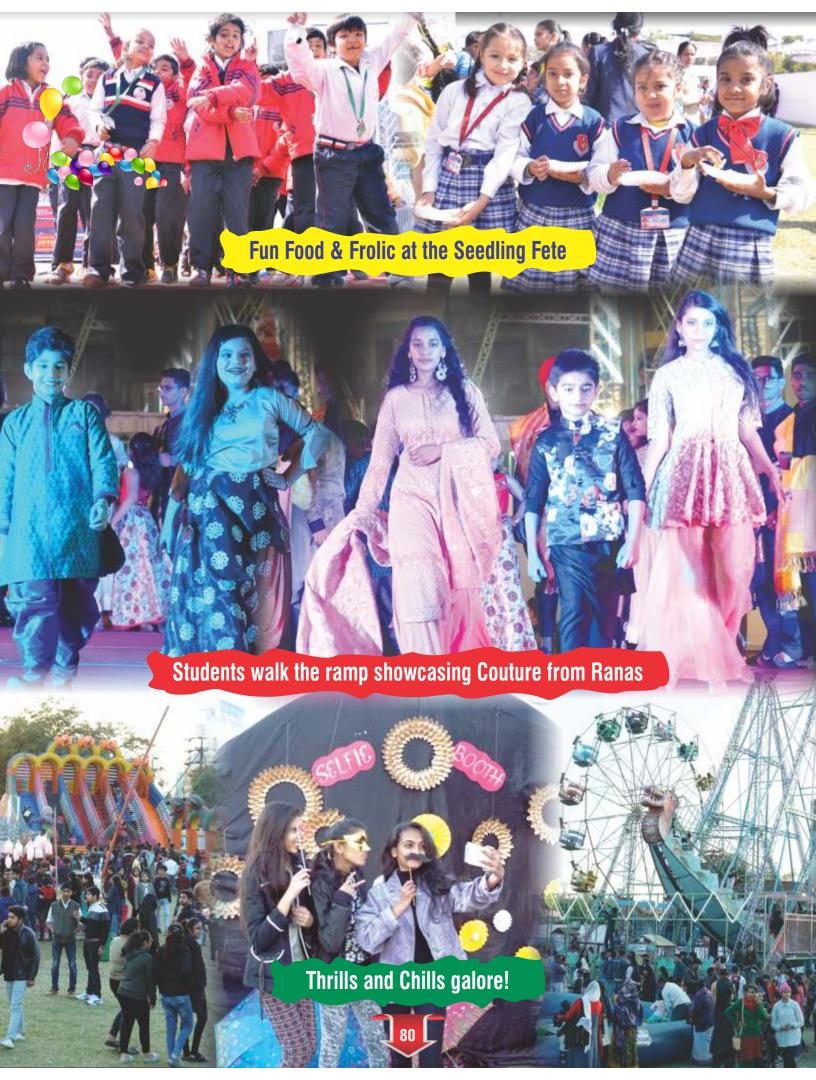
















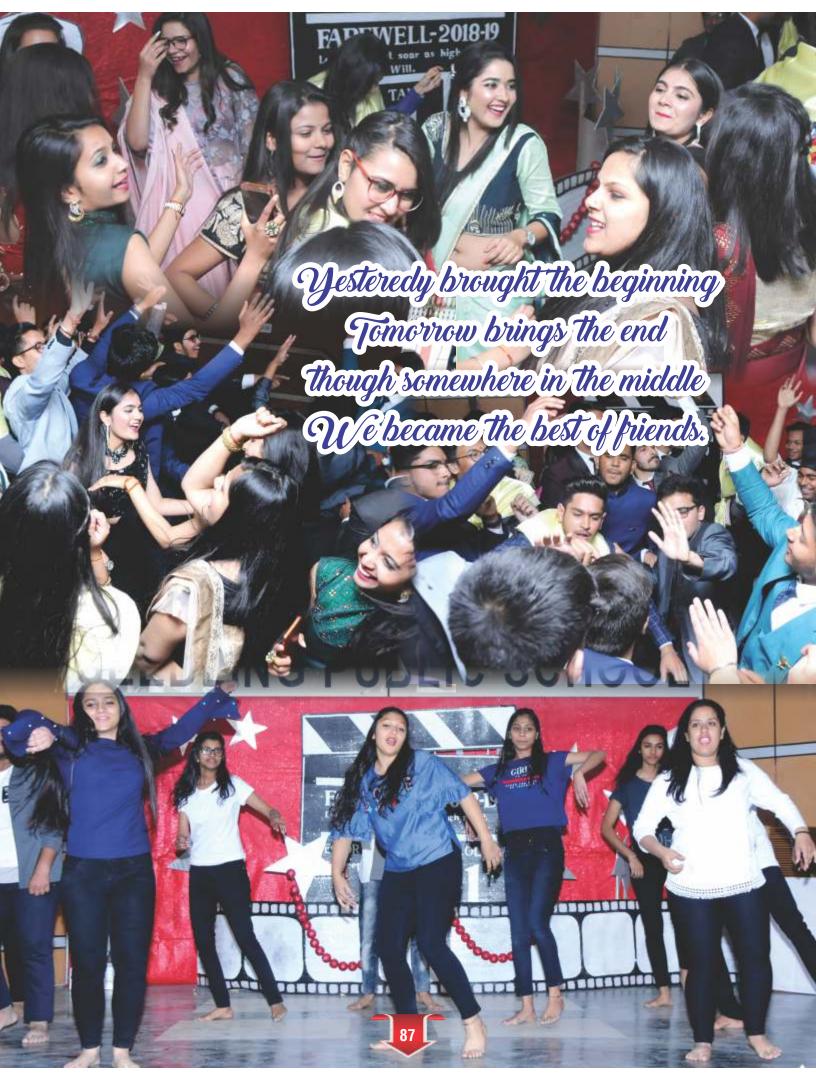




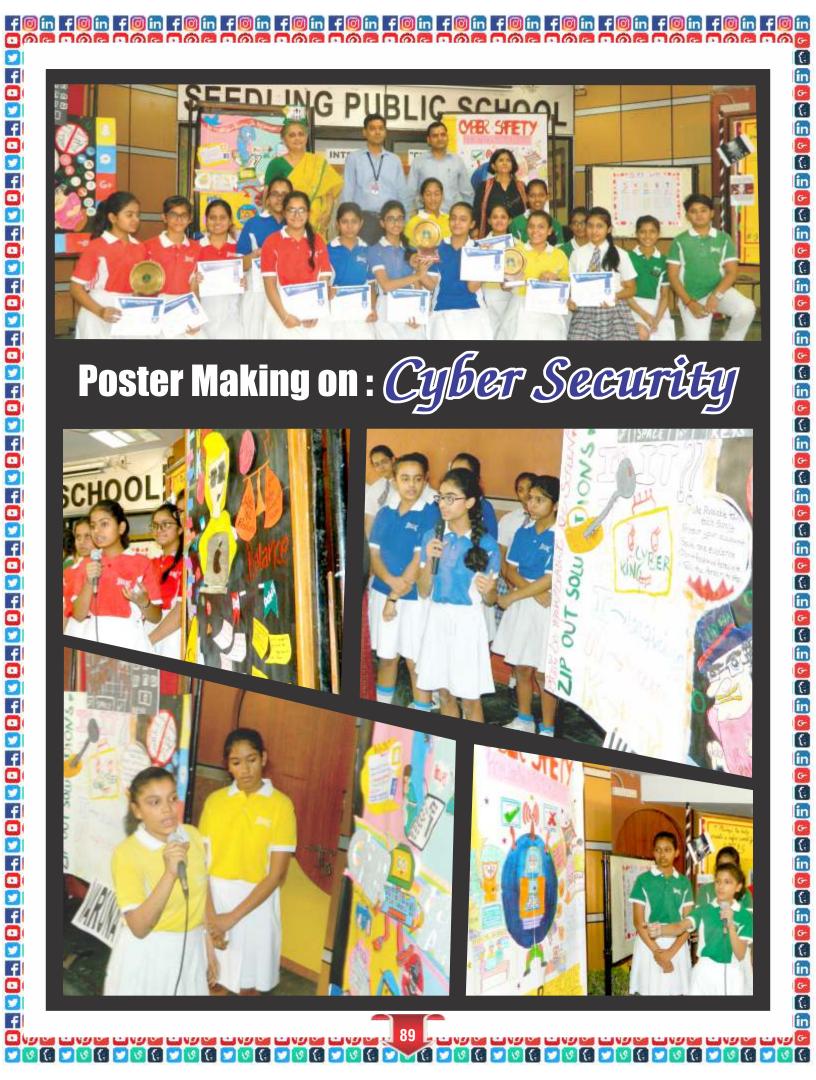


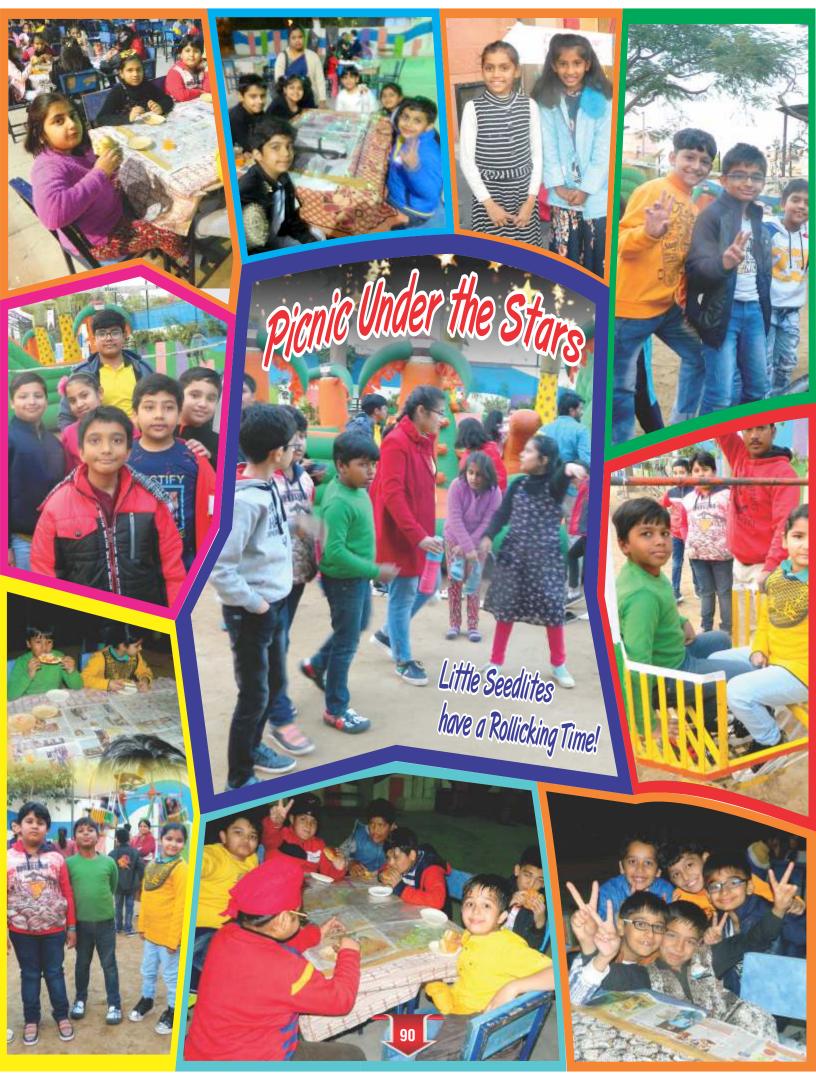






















The most popular rhetoric question asked by ladies everyday is ... what to wear? Fashion is nothing but, an add-on glamour to a body. People often tackle fashion in an impractical way and do the craziest things! We understand that fashion is a mode that teens follow to keep their swag level high. The thousands of bucks you spent on those crazy togs, bulky clogs and flared hipsters have found their way into the bottom of your cupboard. And out you go shopping for slim tights, cold shoulders and four-inch stilettos all to be the hot chick and cool dude of the season.

Hardly have you settled down with the new purchases when lo and behold! What do you see on the Fashion TV catwalk? Sleek anorexic models sashaying around with multi-coloured Rastafarian dreadlocks, baggy pants, thick wooden sandals and strippy capes ... all out to give you a nervous fashion shock! The game is on again!

So if you are a fashion fanatic, I sincerely advise you to hold on to your old-fashioned shoes, jeans, dresses et.al. For here's some breaking news for you! Fashion is nothing but a never-ending vicious circle. What was trendy yesterday will become defunct today and most definitely will be back tomorrow!

But finally, fashion is when you look into the mirror and say—HEY GORGEOUS!!

Disha Narwani – IG-2

# GIVING IT AVEAY

Just as the last winter-shivers faded away and the season turned warmer, I knew it was time to pack away my coats and inners and give an airing to my crispy cottons. So one fine Sunday morning I tackled the chore with a wholelotta gusto, determined to complete the job at hand and catch a noon show.

But, what seemed like an ordinary, mundane, no brainer task, turned into a reality show with questions, arguments, justifications, blackmail and emotional trauma .....rolling into a theatrical hissy fit!!

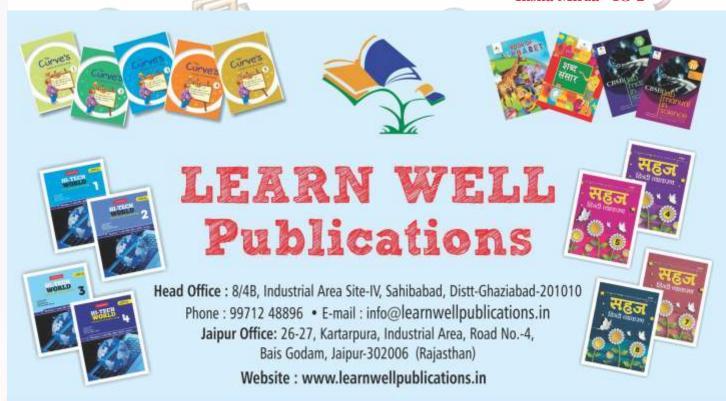
The problem was, how could I fit all that I'd added to my already overfilling wardrobe, into the little space I possessed.

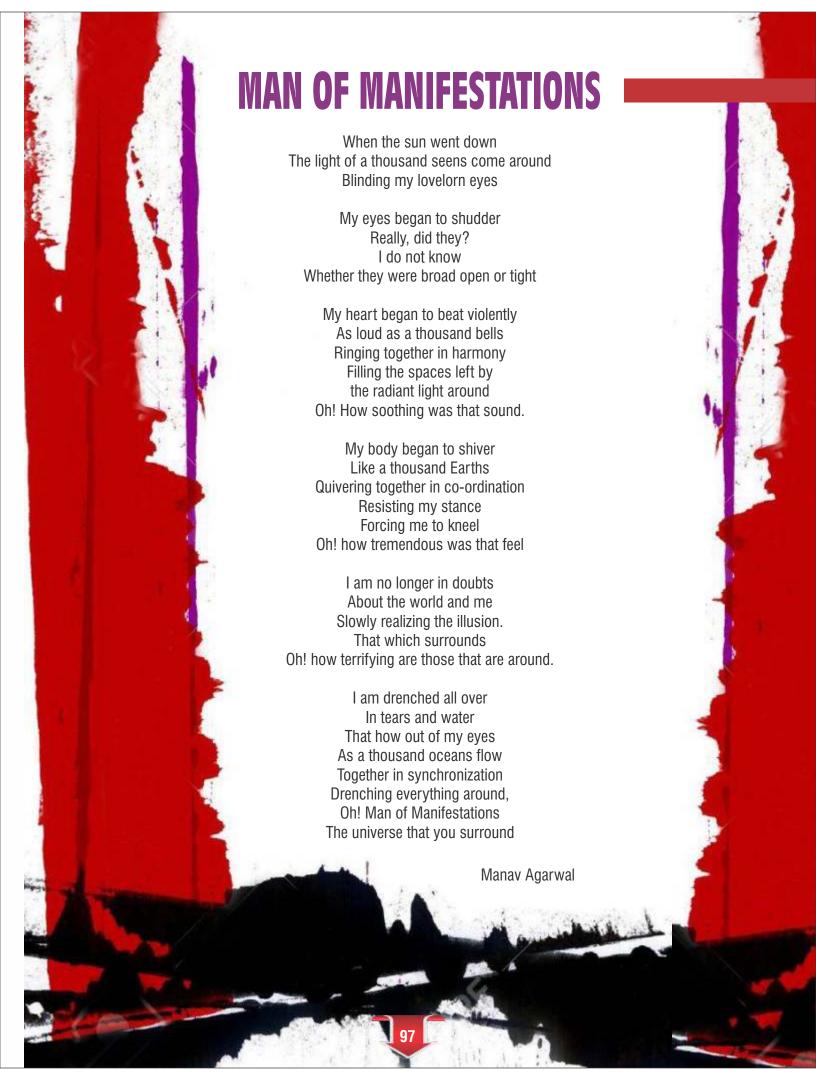
Here was a major lesson to be learnt. We humans have a huge tendency to hoard stuff. We are ever-hungry buyers of clothes, shoes, accessories, knick-knacks, senselessly picking up stuff that catches our eye. Too tempting to resist, we need them, we want them, we must have them. Must we retain them? Stop for a moment and think what a waste, this fruitless hobby can turn out to be. Because, believe me, if you look a little closer, you'll realize that once the object has been used a couple of times, it is thrown into the deepest recesses of your wardrobe. Out of sight.... out of mind.

Solution? Simple, a little time consuming, but you need to do it just once. Next time you come across something that hasn't been used by you for over a year...... Give It Away. Friends, relatives, siblings, cousins, neighbours et.al. Enjoy the look of pleasure in their eye.

Let someone else give you value for the money you spent.

Insha Mirza - IG-2





# YOU SAY ENOUGH?

There's something magical about those two words-THANK YOU. It's a phrase that's almost never unwelcome and can mean such a great deal. So, ask yourselves how often do you say 'Thank You' and are these 'Thank Yous' reserved only for those whom you love, consider important or wish to please or impress? Have you attempted to liberally sprinkle your human interactions with these two priceless words? As a corollary, how often have you felt bitter or bad when somebody failed to thank you properly when you deserved it?

Thank people who, no matter how small or trivial their gesture, do something thoughtful or kind for you. Very often, the people closest to us are taken for granted though they deserve greater love, acceptance and gratitude from us. Why not thank them today rather than wait for a special occasion to do so? Saying 'Thank You' leads people to view you as a warmer human being and consequently gets them more interested in building a bond with you. Every time we fail to say 'Thank You', we lose a human moment, a human connection those tiny little fragments of our humanity. The hardest heart may be melted by a simple but sincere 'Thank You'. Vast emotional distances may be overcome in a moment by a 'Thank You' that conveys. 'I value you and what you do.' Truly appreciate those around you and find many others around you.

Saying Thank You is an Art. These are so many situations when we say all sorts of things, but should actually just say 'Thank You.' Very often, we receive compliments which we devalue by acting overly humble. Simply saying 'Thank You' fully acknowledges the person who complimented you and allows you to enjoy the moment as well. There's no need to sabotage compliments that come your way and you must learn to accept them with grace.

Not quite infrequently, the feedback we receive from others, puts us in a defensive mood. Whether it's a reprimand from a parent or a teacher, or an unflattering performance review from the boss or a critique from a peer/colleague, we tend to retaliate, instead of just saying 'Thank You' and using the feedback for self review and self improvement.

So, the message is loud and clear. Saying Thank You is polite and savvy. Shows our appreciation and conveys gratitude (There is no downside to showing gratitude).

Saying Thank You has power. Give it a try. I'd love to hear from you on how it feels. Thank you! So little, yet so big. With much gratitude for being our wonderful support system.

Shruti Kukar (Faculty English)



In the clear blue sky, among the clouds,
Flew a lovely dove
It circled the sun, then came down,
And nipped my ear with love
"I am a white dove," it whispered in my ear,
"They call me the symbol of peace," it added very sadly

"Your white color is the embodiment of purity, Serenity and thus peace, And a sentinel of freedom that comes with peace" What better symbol of peace can there be Other than you?

"How little you know," remarked the dove,
"I am a symbol of that, which does not exist."
"How can that be? Said I who knew nothing of war,
"Come I will show you what you know not!"

With that the dove took off to the sky,
The haven of peace that was not
It took me along and we flew first over,
Hungry kids who fought for survival,
Over modern men fighting for dominance,
And building weapons simply to harm

And then came wars that shook the world Earlier on land and the raging seas, And now ever in the benevolent skies...

With them came the weapons that dropped from skies And destroyed all there was for decades to come I had always believed that peace was achieved at last.

But there was still more despair to come
Wars for territory, ethnicity and name
Wars for religion, faith and fame
Wars in the name of peace, and peace itself was not found
For there were wars and wars all around

And as we returned we saw, Rivers of blood, mounds of bodies And as we closed our eyes we heard Cries for help in a distantly dose desert

While still in the sky that seemed peaceful yet was not The symbol of peace looked at me and said "So you see peace is nowhere".

And so it was not.

By Arjoo Kumari





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# WE LOVE OUR STUDENTS

#### The Case for Love In the Classroom

ost of us go into teaching not for fame or fortune but because of a passion to connect."—Parker J Palner
And that makes the case for love in education because no connection is meaningful unless infused with love. For a teacher, loving students and knowing them are intimately intertwined. Love is a choice. There may be days when a teacher doesn't like her students, and there are definitely days when she is disliked by the students. Yet one must love them each day because believe me, it's the lessons learned through love that last the longest.

One of the most powerful relationships we can experience as human beings is the one between teacher and student. When they operate with love, teachers can shape the minds and hearts of their students. Our most challenging students often are crying out to be acknowledged, to be loved compassionately, and it is at those moments that we, as teachers, become our most human.

Well, call us biased, but we at Seedling just love our students because they are the best around. They never cease to amaze us and we just adore them for countless reasons and more!!!

> Shruti Kukar (Faculty English)

- I love my students because they are determined to succeed and they overcome obstacles to make their dreams come true. *Aparna Bhargava (Faculty Economics)*
- Their enthusiasm and zeal for life is so infectious. Their fresh viewpoints remind me of my own student days when the possibilities were infinite. *Neelima Nirmal (Faculty Business Studies)*
- Our students are splendid at team work. Always there to support each other.

- Shashibala Singh (Faculty Hindi)

- I am always moved by the feedback our students give willingly and frequently on their educational experiences and the pride they feel in achieving their goals.

- Vaibhav Chhabra (Faculty Mathematics)

- I appreciate our students for working hard to improve themselves and in the process pushing teachers to better themselves. The dynamic interactions help me to learn as I teach and for that I am always grateful. Sandeep Nehra (Faculty Science)
- I Love the way they bring in their own experiences into the classroom, share their passions and demonstrate social responsibility. *Anita Satija (Faculty Global Perspectives)*
- What I absolutely love about my students is that even on my worst days, they can cheer me up instantly. *Dinika Sadh (Faculty Primary)*



### My Way To School

I live in a street of wonder. Where dogs are more than men But playing with them, Touching them is even banned! When in the morning I leave for school I see puddles of mud, But in between all those puddles, Is an unopened lotus bud! Then I see some dogs Sleeping on the road, And some guiding men with cows Urging then to get in the milking mode. Then I see a blue coloured fountain With no water at all But when I was younger the fountain was working The roads go up & down; Topsy – Turvy land! But right in my way Are some mountains of sand. There I see some people walking, Inside a large park. The dogs then start to wake up and some start to bark. Finally I reach the school, yes? I start moving inside, There I can see some friends looking at me, Some by my side. The school is a temple of knowledge With teachers white as dove. My friends are full of joy This is a place I love.

- Tanmay Agrawal IX – A

#### Friendship



The one who dares,
To make you stand.
Is the one who cares,
And is like sand.
Flowing softly at your side.
Is the one who completely abides.
He is the one who knows you truly.
She is the one who cares for you surely.
Friendship is something which merely resides.
It is for someone who takes your side.
Loves you and cares for you.
Is the one who truly respects you
She is the one, he is the one.
Who calls you her friend No.1

- Meenakshi Mina XI – A

#### **Better Versus Best**

I always hoped for better
Wonder, why not best?
It was not, I never tried
Matter was not of perseverance too!
Maybe, it was
I thought it was... deserving too!
But reality brought the irony out
Though realization was late,
But yes, better was better
than being best at all!
- Vidhi Kriplani XI – A



At the Rio Olympics, 2016, India participated with the largest squad ever from any country in the history of Olympics but still India was not able to perform very well.

There are many reasons of why India performs badly at the Olympics? One of the major reasons of this is the mentality of the people who do not consider sports as a 'decent' career. Almost every parent wants his child to become an engineer, doctor or a business man. Choosing sports as a career is even more difficult for girls, even if they are very talented. Parents are reluctant to send them out to play. Further, the people who are talented and wish to become sportsmen do not have the knowledge, equipment, money, facilities or the guidance and hence they are at a disadvantage. Lack of government investment and infrastructure prevents many sportspersons from attaining the skills and guidance required to compete at the international level. Many former Indian sportsmen and Olympians tell their tales of the time when they did not get support from the government until they won medals. This hampers India's potential. Also the selection ground is very limited mostly of sportspersons belonging to major cities. most of the villagers or people living in small towns and cities do not have access to these facilities as they have to shift to metro cities to get proper training. The other problem is the excesive popularity of cricket in the country which takes the lion's share of government funding and private sector sponsorship. It also sucks up most of the great athletes, and media promotion.

But there is another point of view of the situation. India may not be performing well at the Olympics but it does much better at Common wealth Games and Asian Games. There is no chess or cricket at Olympics while other sports which are played in developed countries are given much more preference.

Whatever may be the case, slowly and gradually the condition is improving and India may perform better at the upcoming Olympics.

Gaurang Dangayach XI – A

#### My Bucket List (Things I want to do before I die)

There are so many things I want to do before I die but all of them are not so much important. The two things which are important and I want to do before I die are that I want to become a good human and do something new and creative in this world so my parents can feel proud. Secondly, I want to travel the whole world with my parents and make magical moments and record them because moments with the parents are the best part of life. The moments that I capture with my parents I want to frame them and then read every moment I spent with my parents. And I want to fulfill my two dreams at any cost.

- Harshita Nathani XI – D

#### School Life

School is a daily routine for us In the morning, we're sure to make a fuss Even when the sun is still not up, Here we are, awake at 6 am sharp. We feel that school is such a bore We feel that school is such a chore Parent's say, "School's great! Now, go!" We say, "Well what do you know?" Take a minute and we have to run Eyes half open, shoelace undone We reach school and we see our friends, Immediately, the boredom ends. We have a chat and go with the flow. Then the bell rings, it is time to go We may at times find school stressful To have some fun, we have to bend some rules. Talk back to teachers, & detention we serve No doubt, it is sometimes what we deserve Sometimes they are as cold as ice. And other times they're actually really nice. They teach us and give us a helping hand. They are forever ready to listen and be a friend. They have built much confidence in us. Just not when they are being really harsh. Over, the years of education, Never have we had so much learning with action. Such as camps, experiments, concerts & activities. We've learnt so much and even saved the trees. A wise teacher once said aloud. Success is failure turned inside out So stick to the flight when you're hardest hit Rest if you must, but don't you quit. Some may see school as a torture chamber Some cannot wait for the holidays in December But it depends on how we look at school Honestly, positively school is cool!

> - Disha Bachwani XI - A



I declare, that the English language is no more used simply as a way to communicate ...... sensibly! It's been hijacked by the high rollers of the modern generation! For so often do I find myself being tutored by children who are hardly a couple of feet tall from the ground up! For instance, just yesterday I learnt a couple of words that seemed part of an alien's vocabulary or a new disease! The first was a curious word *meme* ... that's pronounced as *meem* and not *me me*, like in the Hinglish word for foreign white females!

And the second was *shade*, which appropriately should mean *shelter* but somehow insinuates negativity. I'm still lost and attempting to figure out how to use these words on the social media, without offending the wannabe generation! Adding insult to injury, I have just received an Icon, declaring mymis- fitness to be part of the hip crowd since I insist on using complete sentences while texting!!

And to top this is the mindboggling art of sending messages on Whatsapp. Just yesterday someone texted that she was not going to be present due to "unavailable' circumstances!! Hello? This means your treasure of excuses is exhausted! And there you go and blame it all on auto correct!!! Tut Tut!!

Concluding my diatribe, if these, handful of sprinklers have given me a heart burn, I'm terrified to imagine the deluge of gobbledygook librettos floating in the e-universe, gleefully assassinatingthe quaint and elegant language that was once upon a time simply called...... English.

Minnu Puri Faculty English



## FACEBOOK KEEPS SECRETS!

Nowadays, almost every one is busy posting messages and pictures on sites like Facebook and Instagram. In my opinion, this is a HUGE waste of human resources. Well, your artificial buddy, Facebook is a two-faced personality. Here are some secrets that it keeps from you:

- \* Facebook can delete posts from your feed.
- \* Facebook messenger doesn't advertise its gaming facility.
- \* Facebooks trending list is biased because of its owner's instructions.
- \* Facebook has been allegedly eavesdropping.

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Lakshay Dharwal-IG-2



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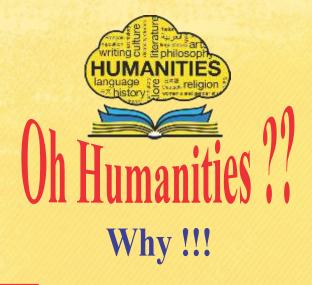








Spreading Love For Studies Through Books...



hat's a question I am asked everyday now, so I think I should answer it once and all for everyone. Firstly, I would like to say that I took humanities not because, I am 'dumb' or 'scared of science' or not knowledgeable about it's scope in future. These are the most common things that come to one's mind when they hear that someone has chosen this stream. I have been a victim of such perceptions since class IX (when I made this decision). One thing that surprises everyone is that even though I score well in mathematics I chose humanities, to this I usually reply by saying "...but I score well in social studies as well", but sadly this reply is not convincing enough for anyone. Most of my teachers were not happy with my decision, but luckily I had an understanding family. I am not against mathematics but I think it's way overrated. I personally never cared about or had the curiosity to know what the value of 'a' was. I feel the subjects of humanities are really important in understanding our society. They help us in learning and understanding different languages histories and cultures. I have always been so fascinated by these. The knowledge of political science helps us to become more aware of our rights and duties, it helps us to open up our minds

to different possibilities, participate in debates and try to make a better democracy. I was always fascinated by psychology also.

For those people who think this stream is for 'idiots' (which I feel no person is since everyone is good at something or the other) should know that students today opt for Humanities not because they feel they cannot cope with science but because other streams interest them or appeals to them. A person studying Humanities often has a different mindset than someone who is studying science. Humanities students are more aware and passionate about world affairs, social issues, politics economics, human rights issues and so on. I definitely don't want to prove that this stream is superior to others, but it definitely it is not "an insignificant one". Every kind of person, knowledgeable in any particular field, plays an important role to build the society. For instance, if we want to build a dam, knowledge of social science will be be important and to know it's effects on the different sections of society. For the implementation of this idea, knowledge of science will be necessary to know its effects on the environment and in its construction and commerce will be important in the financing. In this whole process we can't just eliminate one thing by stating it to be less important or hand it over to an unskilled fellow. Then why can't I be the person having knowledge about social sciences? Why do I have to opt for science even if I am least interested in it.

I think that the greatest aim in life is to have a happy life, and how can we be happy spending a majority part of our day devoting to something that we really don't care about or something that leaves us feeling worthless or not quite content.

And for the thing that I strongly care about, I think I would be able to find all the answers in my chosen stream.

- Vidushi Chaturvedi

XI - E

Success always bugs you in private but failure always slaps you in public!

In today's world must people crave for power... but they must understand the fact that anything and everything is subject to decay someday or the other... So dear people stop running after significance and start doing something good for yourself and the people around you so that everyone today lives in harmony. This to certify your importance and significance...

- Vaishnavi Agarwal XI – E

# SUAG-15 IT YOUR ATTITUDE.... OR WHAT?



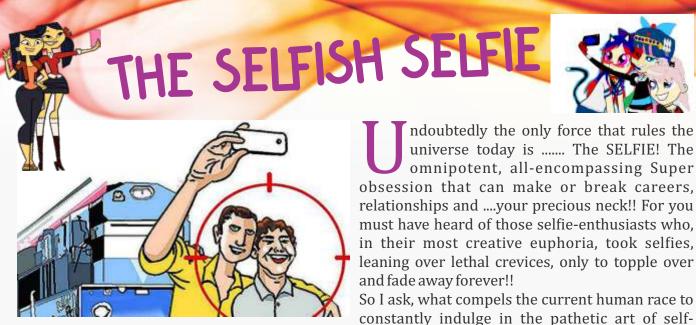
urn on the TV, listen to music, interact with your favourite RJ or indulge in a simple conversation with friends, relatives and random yahoos ....you cannot miss the word SWAG ... mentioned a couple of thousand times!! Despite the hyperbole`, it still doesn't refute the fact that SWAG is now the mantra of the current wanna-be generation. What, pray tell, is ..... a SWAG? A word that appropriately rhymes with BRAG, reflects a variety of expressions, emotions, gesture and posture. For instance, you can Swag a welcome, dance with a Swag, Swak – A – Walk, Talk - a - Swag and to round all these SWAGS, there's also the perennial *banno tera swagger*!!! I'm still reeling with the utmost idiocy of an attempt to generalize the mien.

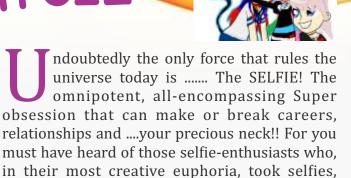
People, you seem to be missing the vital point here. SWAG is a genderless, emotionless, and clueless abbreviation that mostly indicates an action, that's neither here nor there!!! It is also a ridiculous me-too attempt at mimicking a relatively similar abbreviation that was rather endearingly romantic.

Shed this myth that the word denotes your level of suave, because it doesn't. All it manages to do is create an image of callousness, insensitive and bawdy conduct. Discard it and move on. It has outlived its shelf life. SWAG is a GAG without a WAG!!! Pun intended.

- Anita Satija (Faculty Political Science)







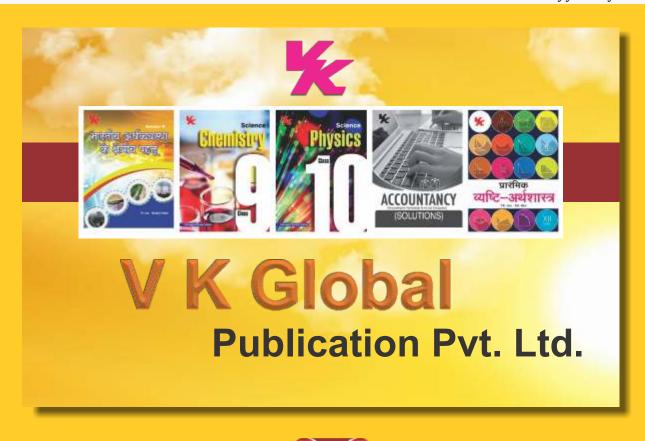
So I ask, what compels the current human race to constantly indulge in the pathetic art of selfgratification? What inner magnetic power urges

you to click your own mug over and over and over again! And all this to just get that single perfect pic...... the absolutely divine profile that would launch a thousand ships. That, as my Yankee friends would say, ain't going to happen! What you need is a swift rap on your illusions and a rapid reminder that there aren't any free lunches in life. Hard work, determination, passion and an unstoppable zeal to excel, is all you need.

So, time to take stock of your senses. For it is quite apparent that the goddess selfie wasn't around a couple of years back and life was still as joyful and complete as it is today.

To conclude, here's wishing you better days ahead. And as Darth Vader would say, "May the force of good sense, be with you!!"

- Divyya Ghiya - IG-2





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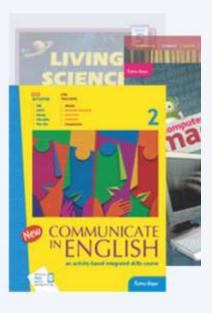












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### भगवान

#### सबकी अपनी याद दिलाते हैं

मय-समय पर भगवान का शुक्र अदा करना चाहिए। किसी निर्माणाधीन भवन की सातवीं मंजिल से ठेकेदार ने नीचे काम करने वाले मजद्र को आवाज दी। निर्माण कार्य की तेज आवाज के कारण मजद्र कुछ सुन न सका कि उसका ठेकेदार उसे आवाज दे रहा है। ठेकेदार ने उसका ध्यान आकर्षित करने के लिए एक रूपये का सिक्का नीचे फेंका, जो ठीक मजद्र के सामने जा कर गिरा! मजद्र ने सिक्का उठाया और अपनी जेब में रख लिया, और फिर अपने काम में लग गया।

भेजता है, लेकिन उसे भी हम हमारा भाग्य समझ कर रख लेते हैं, भगवान का धन्यवाद नहीं करते, उसे भूल जाते हैं। तब भगवान हम पर एक छोटा सा पत्थर फैंकते हैं, जिसे हम कठिनाई, तकलीफ या दुख कहते हैं, फिर हम तुरन्त उसके निराकरण के लिए भगवान की ओर देखते हैं, याद करते हैं। यही जिन्दगी में भी हो रहा है। यदि हम हमारी छोटी से छोटी खुशी भी भगवान के साथ, उसका धन्यवाद देते

नहीं करते। भगवान हमें और भी ख़ुशियों रूपी उपहार

यहा जिन्द्रमा में भा हा रहा है। यदि हम हमारा छोटा से छोटी खुशी भी भगवान के साथ, उसका धन्यवाद देते हुए बाँटें, तो हमें भगवान के द्वारा फैंके हुए पत्थर का इंतजार ही नहीं करना पड़ेगा....!!!

गार्गी अग्रवाल

#### परवरदिगार के पैगम्बर

जो अपने हुनर के जाल में
गम और और चिन्ता को फँसाना जानते हैं।
जो अपने लफ़जों के तारों से
हर गिले को मिटाना जानते हैं
जो ठहाकों से लुभाना और
आसुँओ को डराना जानते हैं।
जो एक मायूस की मुस्कान को
अपना हरजाना मानते हैं।
जो दुआओं में रहना और
दिलों को जीतना बखूबी जानते हैं।
परवरदिगार के पैगम्बर है वो
जो इस रोते हुए जहाँ को
हँसाना जानते हैं।

#### भाई

एक बहत की परछांई बतकर उसके साथ रहता है उसका भाई, ऊपरवाले का एक तोहफा होता है उसके लिए उसका भाई हर मुश्किल समय में उसकी ढाल बतता है उसका भाई, हर परिस्थित में उसके साथ खंडा रहता है उसका भाई. एक बहत की परछांई बतकर उसके साथ रहता है उसका भाई। घर पर माँ की डाँट से बचाता है उसका भाई, कभी-कभी बहुत की गलतियों को छुपाता है उसका भाई, पर दितिया की हर बुरी तजर से बचाता भी है उसका भाई. हर बुरे समय में उसका हाथ थामता है उसका भाई, ता जाते कैसे. पर कभी-कभी पिता का किरदार **મી તિમા जાતા है उसका મા**ई. एक बहुत की परछाई बतकर उसके साथ रहता है उसका भाई।

> - जमिता माहेश्वरी कक्षा- 12-सी



विद्या का मन्दिर होता है, विद्यालय ज्ञान का आश्रम कहलाता है, विद्यालय पहले दिन विद्यालय में जाने के आँसू आखिरी दिन विद्यालय से लौटने के आँसू

> अध्यापकों की डाँट में प्यार, दोस्तों की दोस्ती में प्यार, इसमें ही सिमट जाता हैं विद्यालय जाने कब खत्म हो जाता हैं विद्यालय



ज्ञान देकर जीना सिखाता है विद्यालय घर से कम नहीं होता है विद्यालय यादों का समन्दर बन जाता है विद्यालय आखों को आज भी नम कर जाता है विद्यालय

-महक माथूर - टट्ट ह

#### क्लास मॉनीटर

जो क्लास में बने मॉनीटर, कोरी शान दिखाते हैं।

आता जाता कुछ भी नहीं, पर हम पर रोब जमाते हैं।

जब क्लास में टीचर नहीं, बस नाम लिखने लग जाते हैं।

खुद तो हमेशा बातें करें, हमें चूप कराते हैं।



अपनी तो हर गलती माफ, हमें बलि चढ़ाते हैं।

क्लास तो संभाल पाते नहीं, बस चीखते और चिल्लाते हैं।

भगवान बचाए इन मॉनीटर से इन्हें हम नहीं चाहते हैं।

कुंथ शाह

#### ण्यारी पुस्तक



प्यारी पुस्तक न्यारी पुस्तक।
ज्ञान-दायिनी प्यारी पुस्तक।
कला-संस्कृति, लोक जीवन की,
कहती है कहानी पुस्तक।
अच्छी-अच्छी बातें बताती,
संस्कारों का पाठ पढ़ाती,
सीधी, सच्ची राह दिखाती,
ज्ञान पथ पर है ले जाती पुस्तक।
कर्म और कर्त्तव्य हमारे,
सारे सद्गुण हमें सिखाती।

#### मेरी प्यारी हिन्दी

एक डोर में सबको जो है बाँधती वह हिन्दी है. हर भाषा को सगी बहन जो मानती वह हिन्दी है। भरी-पूरी हों सभी बोलियाँ यही कामना हिन्दी है, गहरी हो पहचान आपसी यही साधना हिन्दी है, सौत विदेशी रहे न रानी यही भावना हिन्दी है, तत्सम, तद्धव, देशी विदेशी सब रंगों को अपनाती. जैसे आप बोलना चाहें वहीं मध्र, वह मन भाती नए अर्थ के रूप धारती हर प्रदेश की माटी पर, 'खाली-पीली-बोम-मारती' बंबर्ड की चौपाटी पर. चौरंगी से चली नवेली प्रीति-पियासी हिन्दी है, बहुत-बहुत तुम हमको लगती 'भालो-बाशी', हिन्दी है। उच्च वर्ग की प्रिय अंग्रेजी हिन्दी जन की बोली है, वर्ग-भेद को खत्म करेगी हिन्दी वह हमजोली है. सागर में मिलती धाराएँ हिन्दी सबकी संगम है, शब्द, नाद, लिपि से भी आगे एक भरोसा अनुपम है, गंगा कावेरी की धारा साथ मिलाती हिन्दी है, पुरब-पश्चिम, कमल-पंखुरी सेतु बनाती हिन्दी है।

-लवीश गोर**बा**नी

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P.K.Garg

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#### 'माता-पिता'

उँगली पकड़ के चलना सिखाया है, गिर जाने पर उठाया है। प्यार से झूले पर झुलाया है, हर समय अपने पलकों पर सजाया है। टूटने पर फिर से खड़ा होना सिखाया है, हमारे बचपन से आज तक को खूबसूरत सफ़र बनाया है। पापा ही है वो जिन्होंने हर समय सीने से लगाया है। खुद टूटकर भी हमें मजबूत बनाया है। टूटी हुई राहों पर भी मंजिल तक पहुँचना सिखाया है। जिंदगी का सही मतलब समझाया है। 'माँ' ही है वो जिन्होंने प्यार करना सिखाया है।। यूँ तो सब चले ही जाते हैं अक्सर..... कौन साथ रह जाता है? कौन साथ निभाता है? कौन हमारे दर्द सहता है? कौन हमारे आँसू रोता है? 'माता-पिता' ही हैं जिन्होंने हर मोड़ पर साथ निभाया है, हमारे आँसुओं को अपना बनाया है। 'माता-पिता' ही है वो जिन्होंने हमें गिर कर भी हमारे पैरों पर खड़ा होना सिखाया है।

-आर्शिया अग्रवाल

जहाँ तिरंगा कहराता है, जहाँ गंगा बहती है हिंदू राष्ट्र है जी हमारा भारत नाम है उसका हम वहाँ के वासी हैं हम वहाँ के सैनिक हैं हमसे कोई जीत ना पाया विश्वगुरु कहलाए हम ही शून्य दशमळब आया यहाँ से जिसने दनिया को गिनती सिखाई अंतरिक्ष विज्ञान या फिर ही शल्य चिकित्सा विश्व में आगे थे हम ही। अर्थशास्त्र और रेखागणित सब आते थे हमसे सीखने पाटलीपुत्र तथा तक्षशिला में आते थे शिक्षा हेतू। देशों की यह पुण्यभूमि अवतारों की कर्म भूमि निद्यों की यह प्रवाह भूमि धर्म स्थापना की यह पृष्ठ भूमि। आज भारत की जरूरत है हमारी ताकि फिर पहुँचे यह पर वैभव पर यह लक्ष्य हमारा है हिन्दू कहलाये जिसकी बज़ह से बह भारत हमारा है। धरती पर है स्बर्ग जहाँ है और जो जहाँ विश्व की सबसे पुरानी सभ्यता है बह भारत देश हमारा है।

#### समय की धारा



समय की धारा बहती जाए नहीं लेती कभी वह विराम, समय पे जो सब कुछ करें उसे मिले आराम ही आराम। समय के आगे झुक जाते हैं जितने बड़े भी वह महान, समय से बड़ा नहीं कुछ भी वही तो है सबसे बलवान। समय चक्र से पिस जाते हैं राजा हो या फिर कोई फकीर, समय पे करवटें लेते हैं जो लिखी हुई भाग्य की लकीर। समय ही दुःखद चुभन है

फिर वही तो सुख और चैन,
समय ही मृत्यु और काल है

फिर वही मैत्री और अमन।
समय के साथ चलना सीखें

जीवन ही हो जाएगा आसान,
समय का सदुपयोग करें

बनें एक अच्छा सा इनसान।

-हर्षिता मेघवानी

-अनुराग साहू

इला ऑडिटोरियम में

स्ट वन्स अपॉन अ

कंप्यूटर के जाल में

महत्ता कम हो गई की उपयोगिता को

। परफॉर्मेंस दी।

JAIPUR, SUNDAY, 16/12/20

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जयपुर ● तिका के क्षेत्र में विशिष्ट सेवाओं और उसेव्यानीय योगवान के लिए जयपुर नेतानल सूनिवर्सिटी के चांसलर हाँ. संदीप बच्छारी को प्राइड ऑफ द नेशन 'इंडियाज ग्रेटस्ट लीडर्स 2017-18' अवॉर्ड से सम्मानित किया गया है। मुख्बई में आयोजित एक प्रथ्य समारोज में डॉ. बक्सी को यह उ एक्ट्रेस करिश्मा कपूर और मा बुल्गारिया के राजदूत पेटको डोव प्रदान किया।

समारोह में केंद्रीय महिला विकास मंत्री घेनका राजनीतिक, मीडिया, कि हम इ और करेंदगेरेट जगत से जुड़ी चनी हस्तिया मीजुद थी।



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